



Seniors' Exercise Classes

**East Columbus Gym
Lawrence Drive/Hwy 182 East**

Mondays, Wednesdays & Fridays

8:00am til 9:00am

**ENHANCE THE QUALITY OF YOUR LIFE FOR FREE!!!
In a controlled air conditioned and heated environment**

No Charge

Come and join us!!!

This is a Non-Alcohol & Smoke Free Environment

For more information call

327-4935